

Adrian Marsh School of Dance

IDTA

Adrian & Sara Marsh



Adrian and Sara will teach you how to dance in a relaxed fun environment. We will get you dancing around the floor, or to a whole track. Plus, ensuring you get the most out of dancing for social, exercise and to learn a new skill or just to do something together as a couple.



Dance class timetable
information booklet

Teaching adult dance classes in
Ballroom, Latin, Sequence,
Line Dancing and 50s Jive Rock n Roll

Weekly Classes and Monthly Social Events

Teaching Every week

New Term 13th January 2025

Except Bank Holidays and the odd holiday!!

info@adrianmarshschoolofdance.com

Tel: **01908 393315**

www.adrianmarshschoolofdance.com

Mobile: **079-069-88880**

Adrian Marsh School of Dance

Phone: 01908 393315

Mobile: 079-069-88880

E-mail: info@adrianmarshschoolofdance.com

Web: www.adrianmarshschoolofdance.com

What's on

**Monday 13th
January 2025**

Start of New 2025 Term

**Saturday 25th
January**

Saturday Evening Social Dance at Lovat Hall
Sequence, Ballroom and Latin 7pm– 10:45pm

**Sunday 2nd Feb-
ruary**

Afternoon Tea, Cake, Dance
Wing Village Hall, Class 10:45am, Midday till 3:00pm

**Fri & Mon 7th &
10th Feb**

No Dancing

**Friday
14th February**

Line Dance Social for all abilities at Wing Village Hall,
LU7 ONN. 11:00am–1:00pm Bring your own nibbles

**Saturday 22nd
February**

Saturday Evening Social Dance at Lovat Hall
Sequence, Ballroom and Latin 7pm– 10:45pm

**Friday
7th March**

Line Dance Social for all abilities at Wing Village Hall,
LU7 ONN. 11:00am–1:00pm Bring your own nibbles

**Sunday
9th March**

Afternoon Tea, Cake, Dance
Wing Village Hall, Class 10:45am, Midday till 3:00pm

**Saturday 22nd
March**

Saturday Evening Social Dance at Lovat Hall
Sequence, Ballroom and Latin 7pm– 10:45pm

**Wednesday 2nd
April**

No Dancing Hall in use

4th–6th April

Glastonbury Dance Weekend

**Friday
11th April**

Line Dance Social for all abilities at Wing Village Hall,
LU7 ONN. 11:00am–1:00pm Bring your own nibbles

**Sunday
13th April**

Afternoon Tea, Cake, Dance
Wing Village Hall, Class 10:45am, Midday till 3:00pm

**Thursday 17th
April**

End of Term Party
Morning & Evening at Longueville Hall

Easter Holiday

**Monday 28th
April**

Start of New Spring Term

All you need to do is turn up!

Absolute Beginners, New Starters Welcome

50s Jive Rock n Roll

Monday 8:40pm
starts 17th February

Wavendon Hub, Glebe Farm, Wavendon, Milton Keynes, MK17 8ZN

Ballroom & Latin

Wednesday 6:30pm
starts 15th January

Wing Village Hall, Leighton Buzzard, LU7 0NN.

Tuesday 8:15pm
starts 4th February

Longueville Hall, Newton Longville, Milton Keynes, MK17 0AT

Line Dance Absolute Beginners

Thursday afternoons 12:15

Longueville Hall, Newton Longville, Milton Keynes, MK17 0AT

Monday Evenings 7:30pm

Wavendon Hub, Glebe Farm, Wavendon, Milton Keynes, MK17 8ZN

Sequence New Starters welcome

Fridays 12:00–1:30pm

Wing Village Hall, Leighton Buzzard, LU7 0NN.

Line Dance

Join a Class, reach your 10,000 steps per day goal.

We teach line dancing in the **mornings**.

It is a great way to keep fit, in just one line dance class you can dance up to 6,000 steps.

Plus you don't need a partner.

You will enjoy the music, its not all country music! We use pop, Latin, Irish and country tracks. It keeps the brain active and your body moving!



Join our new class ★

Thursdays at 12:15 Longueville Hall

All you need to do us turn up and pay cash on arrival
£7.00 per person

Social Fridays

We will have a line dance social
at Wing Village Hall

Friday's 11:00am—1:15pm

Once a Month

£9.00 per person.

A line dance social where we can mingle, chat and dance. Tea/coffee refreshments will be available all afternoon but please do bring any nibbles with you.

Dance the dances you have been learning in class.

email Sara for more information

info@adrianmarshschoolofdance.com



Longueville Hall, Whaddon Road, Newton Longville, Milton Keynes, MK17 0AT	Monday Morning
Intermediate Line Dance	9:45am - 10:45am
Improvers Line Dance	11:00am—12:00
Beginner/Improver Line Dance	12:15 - 1:15pm
Wing Village Hall, Leighton Road, Wing, Leighton Buzzard, Beds, LU7 0NN	Tuesday Morning
Intermediates Line Dance	9:45am - 10:45am
Improver Line Dance	11:00am—12:00
Beginner Line Dance	12:15 - 1:15pm
Longueville Hall, Whaddon Road, Newton Longville, Milton Keynes, MK17 0AT	Thursday Morning
Improvers Line Dance	9:45am - 10:45am
Intermediates Line Dance	11:00am—12:00
New Absolute Beginners Line Dance ★	12:15 - 1:15pm
Wing Village Hall, Leighton Road, Wing, Leighton Buzzard, Beds, LU7 0NN	Friday Morning
Beginner Line Dance	11:00am—12:00
Line Dance Social 14th Feb, 7th March, 11th April, 9th May, 6th June, 12th Sept, 10th Oct, 7th Nov	11:00am— 1:00pm

2025 Evening Class Timetable

Sunday	Wing Village Hall, Leighton Buzzard, LU7 0NN
2 nd Feb, 9 th March, 13 th April, 11 th May, 8 th June, 14 th Sept, 12 th Oct, 9 th Nov	Midday till 3:00pm Tea Dance with Cake! Use and practice what you have learnt.
Monday	 New Venue Wavendon Hub, Dankworth Way, Glebe Farm, Wavendon, Milton Keynes MK17 8ZN
6:30 _{pm} —7:30 _{pm}	Sequence Dancing
7:35 _{pm} —8:35 _{pm}	Line Dance New Starters
8:40 _{pm} —9:40 _{pm}	50s Jive Rock n Roll starts 17th Feb New Absolute Beginners
Tuesday	Longueville Hall, Newton Longville, MK17 0AT
7:15 _{pm} —8:15 _{pm}	Ballroom and Latin Intermediates
8:15 _{pm} —9:15 _{pm}	Ballroom & Latin starts 4th Feb New Absolute Beginners
8:40 _{pm} —9:40 _{pm}	Ballroom Refresh Class throughout January 2025
New Terms 13th January & 28th April Teaching every week, except no dancing on Bank Holi- days and the odd holiday!	

Wednesday	Wing Village Hall, Leighton Buzzard, LU7 0NN
6:30 _{pm} —7:30 _{pm}	Ballroom & Latin starts 15th Jan New Absolute Beginners
7:35 _{pm} —8:35 _{pm}	Ballroom & Latin Intermediates
8:40 _{pm} —9:40 _{pm}	Ballroom & Latin Beginner/Improvers
Thursday	Longueville Hall, Newton Longville, MK17 0AT
6:30 _{pm} —7:30 _{pm}	Ballroom & Latin Improvers
7:35 _{pm} —8:35 _{pm}	50's Jive Rock & Roll Improvers
8:40 _{pm} —9:40 _{pm}	50's Jive Rock & Roll Beginners
Friday	Wing Village Hall, Leighton Buzzard, LU7 0NN
Midday—1:30 _{pm}	Sequence Class with Tea break Learn the popular sequence dances.
Saturday	Lovat Hall, Silver Street, Newport Pagnell, MK16 0EJ
7:00 _{pm} —10:45 _{pm} 25 th Jan, 22 nd Feb, 22 nd March, 31 st May, 28 th June, 27 th Sept, 25 th Oct, 29 th Nov, 20 th Dec.	Social Dance at Lovat Hall Sequence, Ballroom & Latin, Jive

Friday Mornings

Line Dance Social

at Wing Village Hall for all abilities

2025 Friday's 11am—1:15pm

14th Feb, 7th March, 11th April,

9th May, 6th June,

12th Sept, 10th Oct, 7th Nov

It will be a line dance social where we can all mingle, chat and dance. Tea/coffee refreshments will be available but please do bring any nibbles with you. It has a social feel, no teaching, dance the dances you have been learning in class.

Sequence Dance Workshop

New Absolute Beginners starts midday till 1:30pm

Where? at Wing Village Hall, LU7 0NN

When? Fridays (except when it's a line dance social)

Learn all the popular modern sequences dances that you see at our functions.

What to start Sequence Dancing.....this is your opportunity.

Social Dance The hall will be full of the sounds of the big band. We will take you back to a time when one dressed up in their finest and went out to enjoy yourselves.

The dance floor will be open to all and for all styles.

Lovat Hall, Baptist Church, Silver Street, Newport Pagnell, MK16 0EJ. Bring our own drink & nibbles,

Doors open 7:00pm till 10:45pm,

Saturday Nights

25th Jan, 22nd Feb, 22nd March,

31st May, 28th June,

27th Sept, 25th Oct, 29th Nov,

20th December Christmas Black Tie Ball

Sunday Afternoon Tea Dance

Where? at Wing Village Hall, LU7 0NN starts 12:00 Midday

When?

2nd Feb, 9th March, 13th April,

11th May, 8th June,

14th Sept, 12th Oct, 9th Nov

An afternoon to use your dancing skills, socialise with other dancers and to eat CAKE!! Open to All. Plus, refreshments and homemade cakes served

Venue Address

Venue	Address
Wing Village Hall	Main A418, 72 Leighton Road, Wing, LU7 0NN
Longueville Hall	Hammond Park, Whaddon Road, Newton Longville, MK17 0AT
Wavendon Hub	(Near The Stables Theatre) Dankworth Way, Glebe Farm, Wavendon, Milton Keynes, MK17 8ZN
Lovat Hall, Newport Pagnell	Baptist Church, Silver Street, Newport Pagnell, MK16 0EJ

Term Dates

We are teaching every week,

13th January — Winter Term

28th April — Spring Term

There are many new and existing classes in the new term. Plus, new beginners classes which are aimed at people whom would not class themselves as “Absolute Beginners”. If you would like to start dancing again or unsure which class is for you please call or email for a chat; info@adrianmarshschoolofdance.com

Holidays no dancing on bank holidays

One week Easter Holiday, 18th April 2025

Random days off, No Dancing on:

7th February, 10th February and 2nd April

Prices

Line dance class	£7.00 per person Paid on arrival
Ballroom, Latin or Jive class	£10 per person Paid on arrival
Lovat Hall Social Dance	£9 per person paid on arrival
Tea Dance	£12.50 per person paid on arrival
Special Functions	£12.00 per person
All classes listed are to be paid for on arrival or term fee in advance	

Any unwanted items? Donations gratefully received. All the prizes are supplied through your kind donations of unwanted gifts etc. We need your donations for the raffles held at our dances.

All money raised goes to a different charity each time. So any suggestions on which should be our next charity, greatly received.

Facebook Keep up to date with classes, events

visit: www.adrianmarshschoolofdance.com

We're also on Facebook Join our Group-Friends of Adrian Marsh School of Dance. Upload, chat and keep up to date! send Ade & I your pictures, videos and contact details email:

info@adrianmarshschoolofdance.com

Teaching and Dancing in group classes.

Adrian and I look forward to teaching you, in class
and at our functions.

Dancing is a close contact sport!

So that we can follow the guidance on good hygiene habits I please
ask the following from you before and whilst attending;

These behaviours are encouraged to prevent the spread of all viruses
and so that we have a pleasant time:

- **Please do not attend a class if you do feel unwell even with the first signs of a “cold”.**
- **Let fresh air in** , be in a room with fresh air. The windows and doors will be open to allow good ventilation and avoid contact with door handles, for this reason **please wear layers** of clothing that you can put on and take off.
- **Freshen up**, after work have a ‘freshen up’, wash away the smells of the day before attending class.
- Be mindful of another persons personal space.
- Do not put or leave anything on the dance floor. “Slips, trips & falls”. This includes talc. Keep the dance floor clean.
- **Wash your hands** with soap and water or use hand sanitiser regularly throughout the day. Hand sanitiser will be available before, during and after class, we ask you to please use.
- **Limiting** the number of people each person has **contact** with. Adrian and I will not ask you to change dance partners but you’re welcome to if you wish.



Dance Survival Kit

Remember to bring these key items with you to class!!
Dancing is a close contact and very personal sport so
we all need to be considerate of others.

1. Towel & Change of Polo Shirt
2. Deodorant and/or antiperspirant
3. Footwear should be able to swivel on a wooden floor. (no trainers, ideal dance shoes with suede sole)
4. Money for a drink
5. Never walk across the dance floor, always around